

## Program of Events - iHR Day 2016

### March 18th, Saint John Regional Hospital

8:30 am On-site Registration (registration is free)

9:00 am Opening Remarks and Best Poster announcement

9:15 am *Veronique Guitard: Take a 100 Meal Journey -Make Small Changes, One Meal at a Time*

9:30 am Dr. S. Paul Handa Annual Health Research Lecture

*Professor Vasantha Rupasinghe PhD: Disease Fighting Power of Plant-Food Flavonoids*

10:30 am Break and Poster Viewing

11:00 am Oral Session #1

*Leanne Davis: Predicting Life Satisfaction: The Role of Personality and Body Dissatisfaction*

*James Patterson: Evidence for genetic hybridization between Ixodes scapularis and Ixodes cookei*

*Jacqueline MacKay: Low acuity emergency department access: Are other options available? AND Waiting makes me sick: Is it time for formal triage in primary care?*

*Andrew Cowie: BCAA supplementation exacerbates weight gain during diet induced obesity without affecting insulin sensitivity in the murine gastrocnemius muscle*

12:00 pm Lunch Break and Poster Viewing

1:00 pm *Professor Mary McKenna PhD: Healthy Eating for Children – and a few ideas for hospitals*

2:00 pm Oral Session #2

*Donaldo Canales: The Saint John Mental Health Court: Predictors of Program Non-Completion*

*Alexandra Saunders: A comparison of prenatal exposures in children with and without a diagnosis of autism spectrum disorder in Saint John, NB Canada*

*Yvonne Anisimowicz: Factors Influencing Family Medicine Resident Retention and Newly Graduated Physicians' First Practice Location*

*Allyson Bos: Apoptosis-inducing drug leads from traditionally used Canadian medicinal plants*

3:00 pm Closing Remarks